

HEAR 'N' SAY CLINICS

ISSUE 01 • DECEMBER 2021



OUR STORY

We at HEAR 'N' SAY clinic provide utmost care to help you connecting back to your world. We are dedicated to helping all people, regardless of their age, to improve communication and vocational independence for life. We understand the needs of our patients and their families and give recommendations which best serve the mutual interest of all. This Christmas, we're bringing Hear 'N' Say Newsletter exclusively to you & We're as excited as you are.

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DEC 2021

DIRECTORS TIMELINE



Sai Krishna Vegivada, Clinical Director Audiology at Hear N Say Clinic. With wide experience in the hearing industry and extensive knowledge in audiology & specialized in Vestibular Disorders. He has a long list of satisfied patients and happy hearing aid users. Sai Krishna is one of the best in our team who has helped us to reach where we are today.

Garima Vegivada is Hanan certified, Level 1&2 Oral Placement trained and Level 1 PROMPT Therapist. She's also specialized in Auditory Verbal Therapy & Behavioral Analysis for children. Her knowledge with different types of hearing devices have helped many people to hear better in their day to day life. She goes out of her way to cater to patient's needs just to provide them with an extra cushion of comfort.



EMPLOYEE OF THE MONTH - DECEMBER



TUSHAR SHARMA

**Occupational
Therapist (A.S.Rao
Nagar Clinic)**

Mr. Tushar has showed applaudable performance with active initiations, nothing less than excellent zeal towards providing therapy for all his clients. He has proved time & time again that nothing is too big to handle with a smile always.

SPECIAL THANK YOU NOTE

OUR FAVORITE CLINIC COORDINATORS

Heartwarming token of appreciation to each and every coordinator of ours, who makes our job alot easier & lively :)



PASUPULA RAJITHA

Clinic Coordinator, Secunderabad. She manages all the rush effortlessly. Special thanks to your work. Your fellow family Hear 'N' Say folks appreciate it very much. Thank you :)



B. SUDHA

Clinic Coordinator, A.S.Rao Nagar. She truly has been this backbone that a clinic requires. A go-to person truly. Your efforts are thoroughly appreciated by your Hear 'N' Say folks. Thank you :)



B. SAI SOUNDARYA

Clinic Coordinator, Kukatpally. She actively handles tasks at hand & maintains the environment at the Clinic with ease. Your Hear 'N' Say folks appreciates your work. Thank you :)

Our Team

HEAR 'N' SAY

Proudly showcasing our team members

Secunderabad A.J.Rao Nagar Kukatpally

Audiologists & Speech Language Pathologists:

- Sai Krishna Vegivada (Director)
- Garima Vegivada (Director)
- Rachel
- G.Praneethika
- Pooja
- Aakriti Kamal
- Karne Sridhar

Occupational Therapists:

- 1.Sidharth Padhi
- 2.Atulya Rani
- 3.Avipsha Patra

Behavioral Therapists:

- 1.Priyanka Kanne
- 2.Anil Pasula

Clinic

- Coordinator:**
- P.Rajitha

Audiologists & Speech Language Pathologists:

- Neha Mary J.M
- Martha Naidu

Occupational Therapists:

- 1.Tushar Sharma
- 2.Sony Ghosh

Behavioral Therapists:

- 1.Sreenidhi Bandhakavi

Clinic

- Coordinator:**
- B.Sudha

Special Educator:

- (Secunderabad)**
- Maliha Athar

Audiologists & Speech Language Pathologists:

- K.Sharmila Devi
- C.H.Nitish Kumar

Occupational Therapists:

- 1.Silpa Kanungo

Clinic

Coordinator:

- B.Soundarya

Marketing Manager:

(All Clinics)

- Makhanlal Sharma

HO HO HEAR 'N' SAY

ALL SANTA 'TIS SEASON

CHRISTMAS THEME

ACTIVITIES 101



GROUP THERAPY SATURDAY

by Hear 'N' Say Clinics



SECUNDERABAD CLINIC

Various activities were facilitated by our in-house Occupational Therapists, Speech Therapists & Behavioral Therapist along with the help of clinic coordinator & parent's amazing support.



A.S.RAO NAGAR CLINIC

Activities were facilitated to develop Socialization and to bring sense of Belongingness. Parent's added their two cents by packing food for food-sharing activity.



KUKATPALLY CLINIC

Various activities ranging from art, dance to Socialization were put together gently. Once again, kudos to therapists, coordinators & parents for making it happen.

OUR MILESTONES

Workshop for children with autism held in Hyderabad

BY TELANGANA TODAY

PUBLISHED: 24TH DEC 2021 10:09 PM

Hyderabad: The Covid pandemic has impacted children with Autism Spectrum Disorders (ASD), said medical professionals at a workshop titled 'Lets Talk', organised by city-based Hear 'N' Say Clinic', a specialised centre for people with hearing, speech and language disorders, on Friday.

LETS TALK EVENT

by Garima Vegivada

Event has been organized by our Director, Garima Vegivada & Occupational Therapist, Ms. Shilpa to ease out the understanding of ASD better to all the parents.

పిల్లలలో పెరుగుతున్న ఆటిజంపై వర్క్ షాప్

హైదరాబాద్, డిసెంబర్ 25 (మనంన్యూస్) : హియర్ 'ఎన్' సే క్లినిక్ - వినికెడి, మాట్లాడడం మరియు భాషా లోపాలు ఉన్న వ్యక్తుల కోసం ప్రత్యేక కేంద్రంబీ ఆటిజం స్పెక్ట్రమ్ డిజార్డర్ (ఎఎస్డి) ఉన్న పిల్లల తల్లిదండ్రులు, ఎఎస్డితో బాధపడుతున్న పిల్లలు మరియు రాష్ట్రవ్యాప్తంగా ఉన్న ప్రత్యేక పిల్లలతో వ్యవహరించే వైద్య నిపుణుల కోసం 'లెట్స్ టాక్' అనే ప్రత్యేకమైన వర్క్ షాపు నిర్వహించింది. ఆటిజం అనేది సెన్సరీ ప్రొసెసింగ్ డిజార్డర్ (ఎస్పిడి) రుగ్మత, ఇది జ్ఞానేంద్రియాల నుండి స్వీకరించబడిన సమాచారాన్ని నిర్వహించడంలో మరియు



తరచుగా తప్పుగా అర్థం చేసుకుంటారు మరియు వారి శారీరక మరియు మానసిక శ్రేయస్సు మరియు ఎదుగుదలపై ప్రభావం చూపే అనేక సవాళ్లను వారు ఎదుర్కొంటారు. గత ఒక సంవత్సరంలో ఎఎస్డి కేసులు పెరుగుతున్నాయన్న సూచనలు ఉన్నాయి,

OTHER ADVANCES

STEPPING STONES TO COMMUNICATION LEVEL 1&2 TRAINING

- Mrs. Garima Vegivada & Ms. Sharmila Devi attended a 4 session training programme to further their skillset.
- This has been organised by Advanced bionics Habilitation specialist Mithila Poonacha.
- Some of the topics this training helped them learn were, but not limited to; Assessing patients of all age groups, setting goals, various models that would better the transition in communication & therapy.
- Continous pursuit of advancements in the field is always encouraged & supported here at Hear 'N' Say Clinic.

Let's Talk Event on TOI

ASD cases in T rose in last 2 yrs: Doc

TIMES NEWS NETWORK

Hyderabad: Paediatricians and other experts have observed that there are indications pointing to a rise in autism spectrum disorder (ASD) over the last two years. This, they say, is among several other impediments caused to children as a result of the pandemic that began around two years back.

Speaking at a workshop conducted by the Hear 'N' Say Clinic, Dr Garima Vegivada, clinical director of speech language pathology explained that there



are indications of rise in ASD cases in the last one year, with most therapists seeing more cases than normal.

"Kids require regular therapy sessions to improve their abilities, especially during the cru-

Autism is a condition associated with sensory processing leading to difficulties in organising and responding to information received from the sensory organs. Persons with this condition face immense challenges in their daily lives

cial ages of two to six years when maximum brain development takes place in the infant. But pandemic put a break on these sessions. The children were deprived of the therapy and lost unrecoverable precious years,"

Vegivada said while addressing parents of children with ASD.

Autism is a condition associated with sensory processing leading to difficulties in organising and responding to information received from the sensory organs. Persons with this condition face immense challenges in their day-to-day life which impacts their physical and mental well-being and growth. The workshop provided four activities for kids hands on training for parents to demonstrate behavioural and ways to handle them.

Times of India Pg-3 (27-12-2021)

New joiners @Hear 'N'Say

Family

POOJA

Audiologist & Speech Language Pathologist

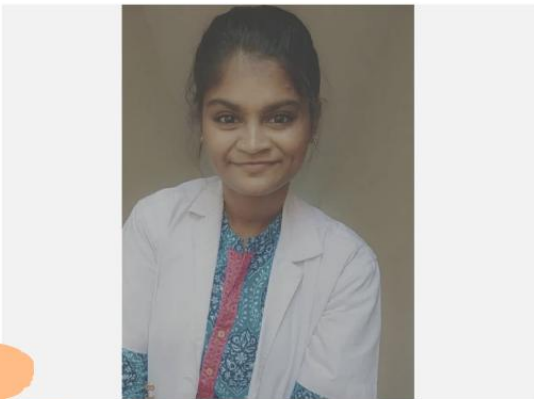
Worked with various target populations such as with Geriatric & Pediatric patients. With her expertise & skillset, she helped children and adults in developing functional skills, etc.



AAKRITI KAMAL

Audiologist & Speech Language Pathologist

I would like to use different activities (like, puzzles) in my speech therapy session to keep the child engaged and Making the session interesting.



C.H. NITISH KUMAR

Audiologist & Speech Language Pathologist

He centres majorly on Cultural competence and compassion to show care and concern for patients, encourage involvement of individuals and families in the plan of care, and understand the impact of cultural and linguistic variables



New joiners contd...

MARTHA NAIDU

Audiologist & Speech Language Pathologist

Professional, dynamic audiologist who aims to help those with Hearing loss reach their full potential; placing their best interest at the forefront of all decision making.



K. SHARMILA DEVI

Audiologist & Speech Language Pathologist

With an experience over 3 years as a Speech Language Pathologist, she possess an amazing hands-on knowledge in all audiometric tests & Speech Disorders. She's also currently pursuing a degree in psychology & believes in understanding the need of the patients through detailed assessment of their problems and provides effective diagnosis.

KARNE SRIDHAR

Audiologist & Speech Language Pathologist

Karne Sridhar completed diploma in hearing impaired and then Bachelors of Audiology and Speech language pathology at AJYNIHH, SRC,Hyderabad.He is good at handling kids and assessing adults with hearing loss.



New joiners contd...

SONY GHOSH

Occupational Therapist

Ms. Sony pursued Bachelor's in Occupational therapy. She handles sensory integration challenging children, with an expertise in Neuro and Orthopedic cases. She builds rapport with children easily.



AVIPSHA PATRA

Occupational Therapist

Ms. Avipsha hails from Odisha. She pursued Masters in Occupational Therapy in Developmental Disabilities at SV NIRTAR. Ms. Avipsha aims to build a research career within Pediatric occupational therapy & Rehabilitation. Also, an experienced Therapist in handling various cases such as Cerebral palsy, Pediatric & Adult neurological conditions, Sensory integration dysfunction.

New joiners contd...

PASULA ANIL

Behavioral Therapist

Anil pursued his BA (hons) in Psychology from PDM University, Delhi NCR. He believes that making use of physical activities and games during sessions would make learning fun & improves adherence.



SREENIDHI BANDHAKAVI

Behavioral Therapist

Ms. Sreenidhi pursued M.Sc in Applied Psychology with a specialization in Counselling. She's a certified Art Therapist, Cognitive Behavioral Therapist, Mindfulness Practitioner & LGBTQIA+ Ally. She strongly second that eclectic approach to therapy would brew best out of individuals. Sreenidhi loves to bring Art & Play together when working with children.



FROM ALL OF US HERE AT
HEAR 'N' SAY CLINICS.

*Thank you reading. Merry Christmas & A
very Happy New Year.
We look forward to seeing you
in the New Year.*